

8th Triennial

Nordic Shoulder and Elbow Conference

16-17 May 2019

Helsinki, Finland
International faculty

COURSE CHAIRMAN:
Ilkka Sinisaari

VENUE:
Clarion Hotel, Helsinki,
Tyynenmerenkatu 2, Helsinki



PROGRAMME



SOKY

Suomen Olkakirurginen Yhdistys
The Finnish Society for Shoulder and Elbow Surgery

Organizer: Finnish Society for Shoulder and Elbow Surgery (FSSES)



NORDIC SHOULDER AND ELBOW CONFERENCE

Faculty

| | |
|-------------------|---------------------|
| TEPPO JÄRVINEN | Helsinki, Finland |
| CECILIE SCHRODER | Oslo, Norway |
| SIMO TAIMELA | Helsinki, Finland |
| IMRAN SAJID | London, UK |
| LIONEL NEYTON | Lyon, France |
| KARL WIESER | Zürich, Switzerland |
| TAPIO FLINKKILÄ | Oulu, Finland |
| MIKKO SALMELA | Helsinki, Finland |
| TORE FJAELESTAD | Oslo, Norway |
| KAISA, VIRTANEN | Helsinki, Finland |
| LASSE RÄMÖ | Helsinki, Finland |
| BO OLSEN | Herlev, Denmark |
| TONI LUOKKALA | Jyväskylä, Finland |
| ADRIAN SAYERS | Bristol, UK |
| JEPPE RASMUSSEN | Copenhagen, Denmark |
| RANDI HOLE | Bergen, Norway |
| VILLE ÄÄRIMAA | Turku, Finland |
| BJÖRN SALOMONSSON | Stockholm, Sweden |
| ANTTI JOUKAINEN | Kuopio, Finland |
| OLIVER VERBORGT | Antwerp, Belgium |
| ANDERS EKELUND | Stockholm, Sweden |
| JUHA PALONEVA | Jyväskylä, Finland |
| TERESA HOLMGREN | Linköping, Sweden |
| JEREMY LEWIS | Hatfield, UK |
| JULIA WALTON | Manchester, UK |



PROGRAMME

Thursday May 16th

10:00 – 11:30

Symposium: To believe or not to believe – Scientific evidence vs. clinical practice (Janne Lehtinen, Cecilie Schroder)

Sometimes good scientific evidence never finds it's way into clinical practice. Sometimes, clinical practice is based on no scientific evidence, at all. Measuring patient relevant outcomes and knowledge translation from research into clinical practice should be one of our core interests.

10:00 – 10:20

Efficacy, effectiveness, cost-effectiveness – introduction to basics

Teppo Järvinen

10:20 – 10:40

Placebo surgical trials: absolute rubbish or ultimate truth?

Cecilie Schroder

10:40 – 11:00

Treatment effect – comparing study groups

Simo Taimela

11:00 – 11:30

Why it is so darn difficult to change one's clinical practices

Imran Sajid

11:30 – 12:30

Buffet lunch in exhibition

12:30 – 14:30

Symposium: When the going gets tough (Treatment plan for tough problems – evidence and experience)(Paavola, Lionel Newton)

I have not failed. I've just found 10,000 ways that won't work. – Thomas A. Edison

All of us sometimes face difficult situations where the right choice of treatment might not always seem obvious. Sharing the load and learning from others mistakes can ease our passing on that rocky road.

12:30 – 13:00

Glenoid bone loss and arthroplasty – where are the limits

Lionel Neyton

13:00 – 13:30

Posterior shoulder instability and glenoid retroversion

Karl Wieser

PROGRAMME

Thursday May 16th

13:30 - 13:50

Revise and reverse - dysfunction and pain after reverse prosthesis

Tapio Flinkkilä

13:50 - 14:10

Posttraumatic elbow instability - when unilateral reconstruction is not enough

Mikko Salmela

14:10 - 14:30

Discussion

14:30 - 15:00

Coffee in exhibition

15:00 - 16:00

Semi-free papers

16:30 - 18:00

General assembly in national societies

19:00

Welcome drink and Gala dinner

PROGRAMME

Friday May 17th

8:00 - 10:00

Symposium: Shoulder and elbow fractures – trigger point for operative treatment (Juha Paloneva, Tore Fjælestad)

The goal of treatment of shoulder and elbow fractures is to restore function of the affected joint. However, many common indications for operative treatment have been questioned recently and it is not always clear whether radiological and functional outcomes are correlated. The aim of this session is to review current evidence regarding trigger points for operative treatment of fractures of the upper arm.

08:00 - 08:30

Tuberculum majus fracture

Tore Fjælestad

08:30 - 08:50

Lateral clavicular fracture

Kaisa Virtanen

08:50 - 09:10

Humeral shaft fracture

Lasse Rämö

09:10 - 09:30

Olecranon fracture in elderly

Bo Olsen

09:30 - 09:50

Radial head fracture

Toni Luukkala

09:50 - 10:00

Discussion

10:30 - 11:30

Semi-free papers

11:30 - 12:15

Buffet lunch in exhibition

PROGRAMME

Friday May 17th

12:15 - 13:30

Symposium: From registry data to clinical practice (Ville Äärimala, Björn Salomonsson)

Registries have been criticized on their adaptability on daily clinical practice. In this session we are offering view points on how a shoulder surgeon can use registry data to improve their patient care.

12:15 - 12:35

How to interpret prosthesis survival, what to say to the patient about the risks?

Adrian Sayers

12:35 - 12:50

What is an acceptable result after a shoulder arthroplasty, what to expect?

Jeppe Rasmussen

12:50 - 13:00

Are we improving the outcome with our shoulder arthroplasties within NARA?

Randi Hole

13:00 - 13:15

Should we use hemiarthroplasty at all?

Ville Äärimala

13:15 - 13:30

New emerging treatment options seen through registry eyes.

Björn Salomonsson

13:30 - 14:30

3D planning and patient specific implants (Antti Joukainen, Anders Ekelund)

Numbers of shoulder arthroplasty are rising and the indications for arthroplasties are expanding. Novel technology is available also for patient specific implants and 3D planning. What is the real benefit of these innovations? Are we able to do better surgery with 3D planning, and do we have better implant solutions for complex cases? This session offers an update of advancements in shoulder arthroplasty planning and implant technology.

13:30 - 13:50

B2-gleno and augmented glenocomponent, what are the limits?

Lionel Neyton

13:50 - 14:10

I have 3d planning, what should I do with it? where to put the gleno component?

Olivier Verborgt

PROGRAMME

Friday May 17th

14:10 - 14:30

Cuff is intact, when to go primary reverse?

Anders Ekelund

14:30 - 15:30

Semi-free papers

Adjourn and coffee

PARALLEL SESSION

Friday May 17th

13:00 - 14:30

**Physiotherapy, exercise or everyday life for shoulder problems
(Juha Paloneva, Teresa Holmgren)**

It is not surgery alone that determines the outcome. This session brings insights in optimal rehabilitation of common shoulder problems.

13:00 - 13:30

Frozen Shoulder: Don't be left out in the cold

Jeremy Lewis

13:30 - 14:00

Rehabilitation of patient with rotator cuff disease

Teresa Holmgren

14:00 - 14:30

Rehabilitation of patient with shoulder arthroplasty

Julia Walton