



EUROPEAN SOCIETY FOR SHOULDER AND ELBOW REHABILITATION

# EUSSEER SYMPOSIUM 2016

**“Stiffness of the Shoulder and Elbow”**

**SATURDAY 15 OCTOBER  
GOTHENBURG, SWEDEN**

**Registration open**

1350 SEK for EUSSEER members

1800 SEK for non-members, including one year Basic membership

**Info: [www.eusser.org](http://www.eusser.org)**



UNIVERSITY OF GOTHENBURG



REGION  
VÄSTRA GÖTALAND  
SAHLGRENKA UNIVERSITY HOSPITAL

## “Stiffness of the Shoulder and Elbow”

Why does it get stiff and what shall we do about it?



<b>7.45 – 8.30</b>	<b>Registration</b>
<b>8.30 – 8.40</b>	<b>Welcoming and introduction</b>
<b>8.45 – 9.45</b>	<b>Stiffness: what, why and when</b> <b>Paul Ackermann PhD, MD, Ort Surg, SWEDEN</b>
<b>9.45 – 10.15</b>	<i>Coffee and Sandwich while visiting the exhibitors</i>
<b>10.15 – 11.00</b>	<b>Post traumatic stiffness of the Elbow</b> <b>Carl Ekholm PhD, MD, Ort Surg. SWEDEN</b>
<b>11.05 – 12.05</b>	<b>Physiotherapy of the stiff Elbow</b> <b>Jelle Heisen MSc, PT, NETHERLANDS</b>
<b>12.05 – 13.15</b>	<i>Lunch and visiting the exhibitors</i>
<b>13.15 – 14.00</b>	<b>Post traumatic stiffness of the Shoulder</b> <b>Michael Toft Væsel MSc, MD, Ort Surg. DENMARK</b>
<b>14.05 – 15.05</b>	<b>Physiotherapy of the stiff Shoulder</b> <b>Lisbeth Rejsenhus PT, DENMARK</b>
<b>15.05 – 15.35</b>	<i>Coffee and sweets while visiting the exhibitors</i>
<b>15.35 – 16.35</b>	<b>Frozen Shoulder: is it really frozen?</b> <b>Luise Hollman PhD student, PT, AUSTRALIA</b>
<b>16.40 – 17.10</b>	<b>A shoulder surgeons perspective of teamwork with physios</b> <b>Jan Nowak PhD, MD, Ort Surg - one of the founders of</b> <b>EUSSEER, SWEDEN</b>
<b>17.10 – 17.30</b>	<b>Closing of the symposium</b>
<b>17.30 – 18.30</b>	<b>EUSSEER Annual General Meeting</b>