

# Antwerp Elbow Course SECEC-ESSSE

September 22 to 24, 2016

Antwerp, Belgium

Denise Eygendaal

Roger van Riet



# Closed Meeting SECEC-ESSSE

September 24 and 25, 2016

Antwerp, Belgium

Olivier Verborgt

Roger van Riet



Dear friends and colleagues,

In 2016, SECEC will once again organize an international elbow course. We would like to invite you to join us in this exciting event. It will take place in Antwerp, Belgium, from September 22 to 24, 2016.

You will have the unique opportunity to learn from some of the most experienced elbow surgeons in the world. The course will be oriented both to young surgeons who want to become confident with basic elbow problems and surgical techniques, but also to the most experienced ones, with special focus in scientific and practical discussions on the hottest topics on elbow surgery.



The historic city of Antwerp is located centrally in Flanders, Belgium and is easily accessible from any country in Europe. It is the birthplace of Rubens and famous for both its chocolates and beautiful diamonds.

Antwerp has a small international airport and a large railway station with high speed train connections to many European cities. The international Brussels airport is located at about 30 minutes by

train or car.

Old Town Hotel, in the center of  
ize-Lieve-Vrouwe' cathedral. The  
oms and offers excellent meeting  
e Epoque Ballroom, where the



We believe that Antwerp will serve as a great host city. The city of Antwerp is a lively and cultural city with easy access. Both French and Dutch are official languages in Belgium and due to its large port, Antwerp has always been a very international place. Most people will understand and speak English, making this a very welcoming city for our international friends and colleagues.

Roger van Riet and Denise Eygendaal

Organizers of the 2016 Elbow Course

Olivier Verborgt and Roger van Riet

Proposed local organizing committee of the SECEC-ESSSE Closed Meeting

# Attachment 1: Proposed program

## SECEC Elbow Course: Program

Thursday 22/9/2016

8.00	Registration and Welcome	
8.45	Welcome address	
<u>9.00-10.30: The basics</u>		
9.00-9.15	Anatomy	Kilian Wegman (Germany)
9.15-9.30	Biomechanics	
9.30-10.00	Clinical exam (Video based)	Davide Blonna (Italy)
9.30-9.40	History, basic clinical exam	
9.40-9.50	Instability	
9.50-10.00	Tendons, nerves	
9.50-10.05	Imaging	Linus Swinnen (Belgium)
10.05-10.15	Understanding EMG	Jeroen Stappers
(Belgium)		
10.15-10.30	Discussion	
<u>10.30-11.00 Coffee Break</u>		
<u>11.00-12.30 Elbow Trauma:</u>		
11.00-11.20	Fracture dislocation	Konrad Mader (Germany)
11.20-11.35	Radial head fractures	Samuel Antuna (Spain)
11.40-11.50	Isolated coronoid fractures	Pierre Mansat (France)
11.50-12.00	Proximal ulna fractures	Bernard Jost (Switzerland)
12.00-12.20	Distal humerus fractures	Davide Blonna (Italy)
12.20-12.30	Discussion	
<u>12.30-14.00 Lunch</u>		
<u>14.00-15.30 The degenerative elbow</u>		
14.00-14.10	Degenerative arthritis of the elbow - Prevalence, aetiology and conservative treatment	David Stanley (UK)
14.10-14.25	Arthroscopic treatment of the degenerative elbow	
14.25-14.35	Radiocapitellar replacement	Denise Eygendaal (The Netherlands)
14.35-14.50	Total elbow replacement	Bo Olsen (Denmark)

14.50-15.10 Revision surgery (bone loss, fracture, infection, triceps)  
Bernard Morrey (USA)

15.10-15.30 Discussion

15.30-16.00 Coffee Break

16.00-17.30: The Stiff Elbow: posttraumatic and post-surgery

16.00-16.15 Etiology Bernard Morrey (USA)

16.15-16.30 Conservative treatment Bertram Thé (The Netherlands)

16.30-16.45 Indications and timing for surgery Graham King (Canada)

16.45-17.05 Surgery (Video based)

16.45-16.55 Open arthrolysis Adam Watts (UK)

16.55-17.05 Arthroscopic arthrolysis Ken Yamaguchi (USA)

17.05-17.15 Postoperative protocol: indication for brace, CPM,  
Physiotherapy Fabienne Van De Steene (Belgium)

17.15-17.30 Discussion

18.00-19.30 Welcome reception

## Friday 23/9/2016

8.00-9.30 The Unstable Elbow: ligamentous instability

8.00-8.20 Understanding elbow instability: soft tissue Alberto  
Schneeberger (Switzerland)

8.20-8.30 Conservative treatment: valgus overload syndrome  
Fabienne Van De Steene (Belgium)

8.30-8.40 Arthroscopic treatment of elbow instability Roger van Riet  
(Belgium)

8.40-8.50 The medial side: ligament reconstruction Bo Olsen  
(Denmark)

**8.50-9.00 The lateral side: ligament reconstruction**

9.00-9.10 The disaster: Salvage procedures Graham King (Canada)

9.10-9.30 Discussion

9.30-10.00 Coffee Break

10.00-11.30 Surgical approaches

10.00-10.20 Medial Pierre Mansat (France)

10.20-10.30 Lateral Kilian Wegman (Germany)

10.30-10.40 Anterior Greg Bain (Australia)

10.40-10.50	Posterior	Matthias Zumstein (Switzerland)
10.50-11.00	Triceps sparing	Raul Barco (Spain)
11.00-11.20	Discussion	

#### 11.20-12.30      Pediatric elbow

11.20-11.30	Normal development and radiographic consequences	Alexander Van Tongel (Belgium)
11.30-11.40	Pathological development	Bertram Thé (The Netherlands)
11.30-11.40	OCD	Michel van den Bekerom (The Netherlands)
11.40-11.50	Distal humerus fractures	
11.50-12.00	Radius fractures	Raul Barco (Spain)
12.00-12.10	Ulna fractures	
12.10-12.20	Osteotomies for malunion	Frederik Verstreken (Belgium)
12.20-12.30	Discussion	
12.30-12.45	President of the ASES:	Jesse Jupiter (USA)

#### 12.45-14.00      Lunch

#### 14.00-15.30      Soft tissue:

14.00-14.15	Nerves	Frederic Schuind & Viviane Creteur (Belgium)
14.15-14.30	Lateral and medial epicondylitis	Alexander Van Tongel (Belgium)
14.30-14.45	Biceps	Markus Scheibel (Germany)
14.45-15.00	Triceps	Roger van Riet (Belgium)
15.00-15.15	Skin	Elena Bravo (Spain)
15.15-15.30	Discussion	

#### 15.30-16.00      Coffee Break

#### 16.00-17.30      Sports

16.00-16.10	The athletes' elbow: general comments	Ken Yamaguchi (USA)
16.10-16.25	Overview of Medial sided injuries	Bo Olsen (Denmark)
16.25-16.40	Overview of Lateral sided injuries	Roger van Riet (B)
16.40-16.55	Conservative treatment: Rest, rehab, and technique?	Lieven Maaschalk (Belgium)
16.55-17.10	Conservative treatment: when and what to inject.	<a href="#">Jeroen Stappers (Belgium)</a>
17.10-17.30	Discussion	

# Saturday 24/9/2016

8.30-10.30	<u>Elbow arthroscopy</u>	
8.30-8.40	Portals	Alberto Schneeberger (Switzerland)
8.40-8.55	Tendon	Greg Bain (Australia)
8.55-9.10	Ligaments	Roger van Riet (Belgium)
9.10-9.25	OCD	Michel van den Bekerom (The Netherlands)
9.25-9.40	Degeneration	Graham King (Canada)
9.40-9.55	Nerves	Greg Bain (Australia)
9.55-10.10	Synovitis, plica and PVNS	Adam Watts (UK)
10.10-10.30	Complications and how to avoid them	Samuel Antuna
(Spain)		
10.30-11.00	Discussion and closing comments	



# SECEC Closed Meeting: Timeframe

## Saturday 24/9/2016

8.00-11.00 ExCom meeting  
11.00-12.00 Board of Directors meeting

12.00 Registration  
12.45 Welcome address

13.00-14.00 Scientific session I  
14.00-15.00 Scientific session II

15.00-15.30 Coffee break

15.30-16.30 Scientific session III

16.30-16.45 Presidential Guest Address

16.45-17.15 Award Session  
17.15-18.45 General Assembly

20.00-22.30 Social Dinner

## Sunday 25/9/2016

8.00-9.00 Scientific session IV  
9.00-10.00 Scientific session V  
10.00-10.30 Clinical cases session

10.30-11.00 Coffee break

11.00-12.00 Scientific session VI  
12.00-13.00 How to, video session

13.00 Adjourn

## Attachment 2: Proposal by Hilton Antwerp

### Accommodation

We took an option on 125 Hilton Guest Rooms, with arrival on Thursday September 22nd and departure at Saturday 24th 2016 and on 35 rooms for the night of Saturday 24th on Sunday 25th of September 2016. This option we will grant you with pleasure till the end of the month of April 2015.

**Special rates:** Single use € 161.39 Double use : € 173.78

All our room rates are including : breakfast, VAT, service and city tax à € 2.39 euro per person and per night.

Of course we can always offer you some free upgrades for your key note speakers.

### POG-reservation system

POG is a free customized online booking tool, specially designed for coordinating delegate accommodation. All delegates can access this webpage. They can book their own hotel room, see an overview of their event and surf through to the Hilton Website.

What are the benefits of having a POG?

- Attendees don't have to remember group codes or event dates
- Rates are automatically displayed for the group (the Hilton reservations page is automatically populated with your group's info)
- It is easy to book a room within the group room block
- Attendees are less likely to discover the higher rates
- Attendees don't get lost in the Hilton Website

When you choose to book the accommodation via our POG system, after contract signature a special web link will be created.

And as discussed, you as organizer will not be responsible when not all rooms are taken for the above mentioned period because of the release of the rooms 5/8 weeks before.

The POG will have the following release dates for the room block :

- 8 weeks before the event, 20% of the non-booked rooms are released
- 7 weeks before the event, 30% of the non-booked rooms are released
- 6 weeks before the event, 50% of the non-booked rooms are released
- 5 weeks before the event, all of the non-booked rooms are released.

When accommodation is paid by guests own account, the rooms need a deposit of guarantee by credit card and the reservation will be non-changeable & non-refundable

### Program

#### **Thursday 22nd of September 2016 - ICES**

- 07h00 – 11h00 Set up ballroom Belle Epoque
- 07h00 – 22h00 Exhibition booths in the Foyer ( 450m<sup>2</sup> ) and the rooms Teun & Lijn ( 350m<sup>2</sup> ) at the special rate of € 2000.00 per day.
- 07h00 – 23h00 Wardrobe & registration on the 3rd floor
- 09h00 – 18h00 Secretarial office in the room Koh-I-Noor on the second floor for about 10 persons

12h00 – 13h00	Walking lunch in the Foyer and the rooms Teun & Lijn
13h00 – 18h00	Plenary room in the ballroom Belle Epoque
14h30 – 15h00	Coffee break in the Foyer and Teun & Lijn on the 3rd floor
16h00 – 16h30	Coffee break in the Foyer and the Teun & Lijn on the 3rd floor
18h30 – 20h00	Typical Belgian reception with some appetizers in the Foyer and the Teun & Lijn on the 3rd floor

**DDR package à €68.00 per person**

- room rental of the plenary meeting room Belle-Epoque
- 2 elaborated coffee breaks
- Nice walking lunch with salads, a choice of 2 soups, some sandwiches, a choice between 2 hot snacks with a choice of meat/poultry and fish, drinks by the lunch and 2 elaborated coffeebreaks

**Friday 23th of September 2016 - ICES**

07h00 – 19h00	Wardrobe and registration
08h00 – 18h00	Exhibition booths in the Foyer and the rooms Teun & Lijn € 2000,-
08h00 – 09h00	Welcome coffee in the Foyer on the 3rd floor à € 6.50 per person ( optional? )
09h00 – 18h00	Plenary room Belle Epoque
09h00 – 18h00	Secretarial office in the room Koh-I-Noor on the second floor for about 10 persons
10h30 – 11h00	Coffee break In the Foyer and the room Teun & Lijn
12h30 – 14h00	Walking lunch in the Foyer and the room Teun & Lijn
15h30 – 16h00	Coffee break in the Foyer and the room Teun & Lijn

**DDR package à €68.00 per person**

- room rental
- 2 coffee breaks
- walking lunch and drinks

**Saturday 24th of September 2016 morning program - ICES**

07h00 – 22h00	Wardrobe & registration on the 3rd floor
08h00 – 09h00	Welcome coffee in the Foyer on the 3rd floor à € 6.50 per person ( optional? )
09h00 – 12h00	Plenary room Belle Epoque – room rental 4500.00 Euro
09h00 – 18h00	Secretarial office in the room Koh-I-Noor on the second floor for about 10 persons
10h30 – 11h00	Coffee break In the Foyer à € 8.50 per person

**Saturday 24th of September 2016 afternoon program – SECEC**

07h00 – 22h00	Wardrobe & registration on the 3rd floor
12h00 – 13h00	Welcome coffee in the Foyer on the 3rd floor à € 6.50 per person
13h00 – 18h00	Plenary room Teun & Lijn on the third floor at the special room rental of 1750.00 Euro
14h30 – 15h00	Coffee break In the Foyer à € 8.50 per person
16h00 – 16h30	Coffee break In the Foyer à € 8.50 per person
18h30 – 20h00	Typical Belgian reception with some appetizers in the Foyer on the 3rd floor or in the Foyer on the 2 <sup>nd</sup> floor

**Sunday 25th of September 2016 morning program - SECEC**

07h00 – 13h00	Wardrobe & registration on the 3rd floor
08h00 – 09h00	Welcome coffee in the Foyer on the 3rd floor à € 6.50 per person ( optional? )
09h00 – 12h30	Plenary room Teun & Lijn on the 3 <sup>rd</sup> floor at the special price of 1750.00 Euro

10h30 – 11h00      Coffee break In the Foyer à € 8.50 per person

### **AV-material**

In all the meeting rooms, except the ball room Belle Epoque, is AV-material (projector and projection screen) included.

Once we know exactly what you need over there we can send you as soon as possible an adequate offer. Of course you are not obliged to work with our supplier.

### **Reception**

On Thursday and Saturday evening there will be a get together cocktail with some typical Belgian products.

**Traditional reception suggestion 1 à € 35,00 per person ( service and VAT including )**

**Open bar with the following drinks during 1,5 hours :**

- Cava Brut
- White & Red house wine
- Local beers ( Stella-Artois, De Koninck)
- Special beers : Leffe & Duvel
- Softdrinks ( cola, cola light, fanta, still & sparkling water)
- Orange juice

**4 appetizers per person with a choice of 8 appetizers**

- Marinated feta & sundried tomatoes
- Variety of fried appetizers : meat croquettes, chicken nuggets & spring rolls
- Blini with smoked salmon
- Focaccia toast with rillettes of duck
- Seaweed toast with mousse of smoked trout
- Mini "Croque Monsieur" with salmon
- Mini pastry with chicken stew
- Mini vegetable quiche

**Reception suggestion 2 à € 55.00 per person ( service and VAT including )**

**Open bar with the following drinks during 1,5 hours :**

- Cava Brut
- White & Red house wine
- Local beers ( Stella-Artois, De Koninck)
- Special beers : Leffe & Duvel
- Softdrinks ( cola, cola light, fanta, still & sparkling water)
- Orange juice

### **Appetizers**

- Crispy salad of Ostend with north-sea fruit - Colorfull salad with north-sea shrimps & "hoogstraatse" tomatoes - Delicious "Zeeburgse" fish soup - Crispy salad with Ardennes specialties

**Main courses** - Stewed meat of beef on Flemish way and served with mashed potatoes

- "Gentse Waterzooi" with chopped vegetables and potatoes
- "Zeebrugse Waterzooi" with potatoes
- Blanquette of veal with mushrooms, meatballs and rice

### **Desserts**

- Fresh fruit salade
- Ice room cornets with different flavors -Chocolate fountain with fresh strawberries

-A la minute baked Belgian waffles with whipped cream and hot chocolate sauce

*As already mentioned we will grant you with pleasure this option till the end of the month of April 2015.*

We would appreciate a reply by Thursday 30<sup>th</sup> of April 2015, and in the meantime we remain at your disposal of any further particular you may wish to know.

Trusting confirmed everything as desired and awaiting for your further news.

Kinds regards,

Luk

Luk Serré  
Sr. Conference & Events Sales Executive

HILTON ANTWERP OLD TOWN

t: +32 (0)3 204 12 26 | m: +32 (0)496 59 39 43 | f: +32 (0)3 204 86 88

email: [luk.serre@hilton.com](mailto:luk.serre@hilton.com)

Groenplaats 32 | 2000 Antwerpen | Belgium

[hilton.com](http://hilton.com) | [www.antwerp.hilton.com](http://www.antwerp.hilton.com) | [www.hiltonbenelux.com](http://www.hiltonbenelux.com) | [facebook.com/hiltonantwerpoldtown](https://facebook.com/hiltonantwerpoldtown)



AMERICAS • EUROPE • MIDDLE EAST • AFRICA • ASIA • AUSTRALASIA