

# The 7th Triennial Nordic Shoulder and Elbow Conference

## 12-13 May 2016

Radisson Blu H.C. Andersen Hotel,  
Odense, The Region of Southern Denmark

Programme



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08:00	Arrival, registration, coffee in exhibition
09:45	<b>Welcome to Odense</b> Bo Sanderhoff Olsen/ Lars Henrik Frich
10:00-11:30	<b>Symposium on Shoulder Instability, Combined session with physiotherapists</b> Chairmen: Bo Olsen (DK) & Lars Henrik Frich (DK)
10:00	<b>Introduction</b>
10:10	<b>Recurrent instability after operative stabilization of the shoulder 20'</b> Peter Reilly (UK)
10:30	<b>Bony Bankart Lesions: diagnosis and treatment 20'</b> Sigurd Liavaag (N)
10:50	<b>Posterior shoulder instability 20'</b> Peter Reilly (UK)
11:10	<b>Multidirectional shoulder instability 20'</b> Michael Krogsgaard (DK)
	Coffee in exhibition
12:00-13:00	<b>Free papers – shoulder</b> Chairmen: Michael Krogsgaard (DK) & Sigurd Liavaag (N)
	<ol style="list-style-type: none"> <li><b>Bankart vs. Latarjet operation as a revision procedure after a failed arthroscopic Bankart repair: A retrospective analysis.</b> Sami Elamo et al. (Turku, FI)</li> <li><b>Physiotherapi for patients with irreparable rotator cuff rupture.</b> Birgitte Hede Christensen et al. (Aalborg, DK)</li> <li><b>Results of acromioplasty in patients selected for operation by Danish National Guidelines.</b> Jón Rói Jacobsen et al. (Randers, DK)</li> <li><b>Diabetic patients are as equally satisfied after arthroscopic capsular release of frozen shoulder as non-diabetics.</b> Johanne M. Lyhne et al. (Randers, DK)</li> <li><b>Treatment of symptomatic non-traumatic supraspinatus tear.</b> Juha Kukkonen et al. (Turku, FI)</li> <li><b>Descriptive demographics and clinical data on 647 post-treatment CRPS (Chronic Regional Pain Syndrome) patients.</b> Pelle Petersen et al. (Bispebjerg- Copenhagen, DK)</li> </ol>
13:00-14:00	Buffet lunch in exhibition
14:00-15:30	<b>Symposium on Education in Shoulder and Elbow Surgery</b> Chairmen: Michael R. Krogsgaard (DK) & Andreas Qvist (DK)
14:00-14:45	<b>The Learning curve of surgical procedures - Influence on education</b> Professor Ove Furnes MD, PhD (N)
14:45-15:00	<b>Arthroscopy simulator training.</b> Thomas Falstie-Jensen MD (DK)
15:00-15:30	<b>Education of young shoulder and elbow surgeons in Nordic countries</b> <b>Denmark:</b> Ass. Professor Bo Sanderhoff Olsen MD, PhD Chairman The Danish Society for Surgery on the Shoulder and the Elbow <b>Sweden:</b> Professor Lars Adolfsson MD, PhD Board member, Swedish Shoulder and Elbow Surgery Society <b>Norway:</b> Berte Bøe, MD, PhD Board member, The Norwegian Society for Surgery on the Shoulder and the Elbow <b>Finland:</b> Antti Joukainen, MD, PhD Board member, Finnish Shoulder Surgery Association
15:30-16:30	Coffee in exhibition
16:30-18:00	<b>General assembly in national societies</b>
19:00	Welcome drink and Gala dinner

8:30-10:00	<b>Symposium on National Shoulder Arthroplasty Registries</b> Chairmen: Björn Salomonsen (S) & Steen Lund Jensen (DK)
08:30	<b>Observational studies vs. RCTs – do we really need both?</b> Anders Ekbohm (S)
09:00	<b>Report from Norwegian Shoulder Arthroplasty Registry.</b> Ove Furnes (N)
09:10	<b>Report from Finnish Shoulder Arthroplasty Registry.</b> Ville Äärämaa (FIN)
09:20	<b>Report from Swedish Shoulder Arthroplasty Registry.</b> Björn Salomonsson (S)
09:30	<b>Report from Danish Shoulder Arthroplasty Registry.</b> Steen Lund Jensen (DK)
09:40	<b>Merging data from the Nordic Arthroplasty Registries (NARA).</b> Jeppe V. Rasmussen (DK)
09:50	<b>Discussion</b>
10:00-11:00	Coffee in exhibition
11:00-12:00	<b>Free papers</b> Chairmen: Ville Aarima (FI) & Stig Brorson (DK)
	<ol style="list-style-type: none"> <li><b>Risk of revision and reasons for revision after shoulder replacement for acute fracture of the proximal humerus: A Nordic registry-based study of 6756 cases.</b> Stig Borson et al. ( Herlev – Copenhagen, DK, N and S)</li> <li><b>Similar patient reported outcomes for differen concepts of hemi shoulder arthroplasty, but 80% higher revision rate for resurfacing arthroplasty compared to stemmed arthroplasty.</b> Magnus Ödquist et al. (Stocholm, Uppsala and Lund, S)</li> <li><b>Outcome of primary resurfacing shoulder arthroplasty and of revision shoulder arthroplasty after resurfacing shoulder arthroplasty in patients under the age of 55 years.</b> Jeppe Vejlggaard Rasmussen et al. (Herlev- Copenhagen, DK)</li> <li><b>Patient-reported outcome and revision rate of 138 Copeland resurfacing hemiarthroplasties in patient with degenerative shoulder disease, performed from 2008 to 2013 at Koege Hospital – a retrospective cohort study.</b> Kim Schantz et al. (Køge, DK)</li> <li><b>Declining incidence of rotator cuff repairs – A nationwide registry study in Finland.</b> Juha Paloneva et al. (Finland)</li> </ol>
12:00-13:00	Buffet lunch in exhibition
13:00-14:30	<b>Elbow Arthroplasty</b> Chairmen: Carl Ekholm (S) & Bo Sanderhoff Olsen (DK)
13:05	<b>Radial Head Implants.</b> Steen Lund Jensen (DK)
13:15	<b>Total Elbow Arthroplasty design and results.</b> Bo Sanderhoff Olsen (DK)
13:25	<b>Total Elbow Arthroplasty and hemi arthroplasty in acute fracture.</b> Carl Ekholm (S)
13:35	<b>Total Elbow Arthroplasty in arthrosis.</b> Lars Eilertsen (N)
13:45	<b>Total Elbow Arthroplasty in Rheumatoid arthritis.</b> Janne Ovesen (DK)
13:55	<b>Revision Total Elbow Arthroplasty. Indications, technique, results.</b> Pierre Mansat (F)
14:30-15:30	<b>Free Papers</b> Chairmen: Janne Ovesen (DK) & Søren Skydt Kristensen (DK)
	<ol style="list-style-type: none"> <li><b>Discovery elbow system – a consecutive study of 109 patients – one year follow-up.</b> P.K. Jacobsen et al. (Odense, Denmark)</li> <li><b>Clinical outcome after radial head replacement in complex fractures evaluated by Oxford Elbow Score.</b> K. Modin et al. (Esbjerg and Kolding, Denmark)</li> <li><b>Long-term clinical results of patients treated for posterolateral elbow joint instability using an ipsilateral triceps tendon graft.</b> Christian Kastenskov et al. (Herlev – Copenhagen and Århus, Denmark)</li> <li><b>Reconstruction of anterior sternoclavicular joint (SCJ) instability using a tendon autograft.</b> Martin Rathcke &amp; Michael Krogsgaard. (Bispebjerg – Copenhagen, Denmark)</li> <li><b>Non-union of displaced midshaft fractures of the clavicle: A predictor model using pain scores.</b> Andreas Qvist et al. (Randers, Viborg and Aalborg, Denmark)</li> </ol>
	Adjourn and coffee

# Physiotherapist Programme Thursday May 12<sup>th</sup>

10:00-13:00	<b>Symposium and free papers on Shoulder Instability. Combined sessions with Surgeons</b>
14:00-15:30	<b>Symposium on Sensory-motor deficits of the instable shoulder, Surgeons can attend</b> Chairman: Birgit Juul-Kristensen (DK)
14:00	<b>Welcome and Introduction</b>
14:05	<b>Proprioception in musculoskeletal rehabilitation, basic principles of assessment and clinical interventions.</b> Ulrik Rojjezon (S)
14:25	<b>Methods for measuring proprioception (shoulder position sense) in standing, and reliability and validity of the methods.</b> Amir Vafadar (CAN)
14:55	<b>Methods for measuring shoulder sensori-motor control in prone lying, and reliability and validity of the methods.</b> Henrik Eshøj (DK)
15:15	<b>Sensori-motor control in elite level swimmers with shoulder hypermobility.</b> Thomas Frydendal, Birgit Juul-Kristensen (DK)
15:30-16:30	Coffee in exhibition
16:30-18:00	<b>Establishment of Nordic shoulder PT-network</b>
19:00	Welcome drink and Gala dinner

# Physiotherapist Programme Friday May 13<sup>th</sup>

8:00-10:00	<b>Clinical characteristics and interventions of the instable shoulder</b> Chairman: Birgit Juul-Kristensen (DK) Moderator: Henrik Eshøj (DK)
08:00	<b>Scapulothoracic muscle activity and recruitment timing in glenohumeral instability</b> Filip Struyff (B)
08:35	<b>Psychometric properties of a patient reported outcome (WOSI) and reliability of clinical shoulder instability tests</b> Henrik Eshøj (DK)
09:10	<b>Clinical intervention based on proprioception in musculoskeletal rehabilitation</b> Ulrik Rojjezon (S)
09:45	<b>Discussion</b>
10:00-11:00	Coffee in exhibition
11:00-12:00	<b>Free papers on shoulder instability and PT-related conditions</b> <b>Shoulder problems and clinical presentation among Swedish handball players</b> Kajsa Johansson mfl (S)
12:00-13:00	Buffet lunch in exhibition
13:00-15:00	<b>Epidemiology and Biomechanics of the shoulder in overhead sports</b> Chairman: Birgit Juul-Kristensen (DK) Moderator: Henrik Eshøj (DK)
13:00	<b>Prevalence and impact of Generalised Joint Hypermobility and shoulder hypermobility in adult populations in Denmark and Norway</b> Birgit Juul-Kristensen (DK)
13:25	<b>Ultrasound measurements in physiotherapy diagnostics of the pathological shoulder</b> Kim Ingwersen, Birgitte Hougs Kjær (DK)
14:00	<b>Isokinetics in elite level swimmers with shoulder hypermobility</b> Behnam Liaghat, Birgit Juul-Kristensen (DK)
14:25	<b>Biomechanical factors of the throwing shoulder</b> Jesper Bencke (DK)
15:00	<b>Discussion</b>
15:00-15:30	<b>Free papers/discussions with cases</b>
15:30-16:00	Adjourn and coffee